

We do not take a collection at St. Anne's as we have a Free Will Offering scheme. However if you wish to make a contribution you will find a plate at the back of church. If you would like to join the **Free Will Offering** scheme please speak to Andy Crawford, Lindsey Archer or the church wardens .

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**Eat or Heat**

Just a reminder that we collect for Eat or Heat and deliver our donations to them each week. There is still a need for the service in the summer, so please keep your gifts coming in.

As a reminder the items which are accepted are:

Large and Small Boxes of Cereal, Canned soup, Canned spaghetti, Canned fish, Canned meat, Canned tomatoes, Canned potatoes/ Instant mash, Canned vegetables, Canned fruit, Canned dessert, Sugar, Long Life milk / Milk Powder, Teabags, Instant Coffee, Pasta Sauce, Squash, Porridge, Pulses, Kidney Beans, Chick Peas, Pasta, Rice, Couscous, Noodles, Cooking Oil, Soap, Shower Gel, Tooth Brush, Tooth Paste, Shampoo, Razors, Sanitary Towels, Tampons, Washing Powder/Tablets.

FOR OUR PRAYERS:

We remember in prayer each day all those both known and unknown to us who are suffering in mind, body and spirit, for those who have care of them, for all who are living with difficulties and trouble at this time and for all who will enter eternity this week.

**Anniversaries for August:** 10th Lillian Whitehead, 11th Alex Joseph, 12th Doris Sullivan, 13th John Malony, 15th Katie Anderson, 19th Brian Jones, 29th Ivy Hughes.

*.Eternal rest grant unto them O Lord, and let light perpetual shine upon them, may they rest in peace and rise in glory. Amen*



**Parish Church of St. Anne Chingford**

Web site: [www.stanneE4.org.uk](http://www.stanneE4.org.uk)



**Trinity 12 –19th August 2018**

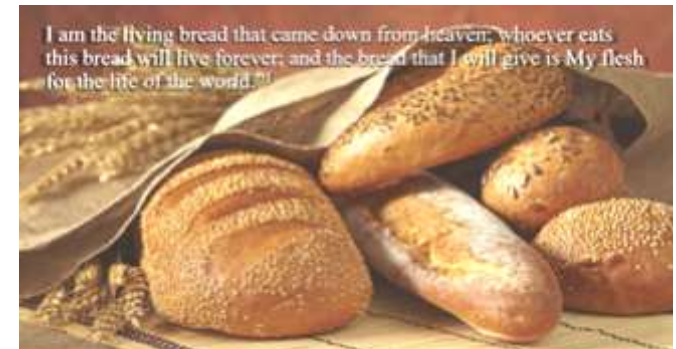
**Parish Eucharist 10.00**

**Sidesmen:** Beryl Stratton, Anthony Sullivan, Rosalind Tatam  
**Servers:** Julie Adesina, Eira Endersbee, Steve White  
**Chalice:** Julie Adesina, Heather Gwynn  
**Lessons:** Rosalind Tatam  
**Prayers:** Beryl Stratton  
**Preacher:** Jude Bullock  
**Celebrant:** Mick Scotchmer  
**Music:** Peter Stannard  
**Hymns:**

40 Angel voices ever singing  
 166 Faithful Shepherd, feed me  
 349 Immortal invisible  
 623 Praise my soul  
 66 Be Thou my vision

**Order of Service**

Option 2  
 Eucharistic prayer F



**This week**



Monday	20th Aug	20.00	Projects and Events Committee
Friday	24th Aug	10.00	Communion
Sunday	26th Aug	10.00	Parish Eucharist

### **Collect**

Almighty and everlasting God,  
you are always more ready to hear than we to pray  
and to give more than either we desire or deserve:  
pour down upon us the abundance of your mercy,  
forgiving us those things of which our conscience is  
afraid  
and giving us those good things  
which we are not worthy to ask  
but through the merits and mediation  
of Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.

### **Post Communion**

God of all mercy,  
in this eucharist you have set aside our sins  
and given us your healing:  
grant that we who are made whole in Christ  
may bring that healing to this broken world,  
in the name of Jesus Christ our Lord.

### Old Testament Reading

*Proverbs 9.1-6*

- <sup>1</sup>Wisdom has built her house,  
she has hewn her seven pillars.  
<sup>2</sup>She has slaughtered her animals, she has mixed her wine,  
she has also set her table.  
<sup>3</sup>She has sent out her servant-girls, she calls  
from the highest places in the town,  
<sup>4</sup>**‘You that are simple, turn in here!’**  
To those without sense she says,  
<sup>5</sup>**‘Come, eat of my bread**  
and drink of the wine I have mixed.  
<sup>6</sup>Lay aside immaturity, and live,  
**and walk in the way of insight.’**

This is the word of the Lord.

All Thanks be to God.

### New Testament Reading

*Ephesians 5.15-20*

Brothers and sisters, <sup>15</sup>be careful then how you live, not as unwise people  
but as wise, <sup>16</sup>making the most of the time, because the days are evil. <sup>17</sup>So do  
not be foolish, but understand what the will of the Lord is. <sup>18</sup>Do not get  
drunk with wine, for that is debauchery; but be filled with the Spirit, <sup>19</sup>as you  
sing psalms and hymns and spiritual songs among yourselves, singing and

making melody to the Lord in your hearts, <sup>20</sup>giving thanks to God the Father  
at all times and for everything in the name of our Lord Jesus Christ.

This is the word of the Lord.

All Thanks be to God.

### Gospel

*John 6.51-58*

*When the Gospel is announced the reader says*

Hear the gospel of our Lord Jesus Christ according to John.

All Glory to you, O Lord.

Jesus said to the Jews: <sup>51</sup>**‘I am the living bread that came down from heaven.**  
Whoever eats of this bread will live for ever; and the bread that I will give  
**for the life of the world is my flesh.’**

<sup>52</sup>**The Jews then disputed among themselves, saying, ‘How can this man give**  
**us his flesh to eat?’** <sup>53</sup>**So Jesus said to them, ‘Very truly, I tell you, unless you**  
eat the flesh of the Son of Man and drink his blood, you have no life in you.

<sup>54</sup>Those who eat my flesh and drink my blood have eternal life, and I will  
raise them up on the last day; <sup>55</sup>for my flesh is true food and my blood is true  
drink. <sup>56</sup>Those who eat my flesh and drink my blood abide in me, and I in  
them. <sup>57</sup>Just as the living Father sent me, and I live because of the Father, so  
whoever eats me will live because of me. <sup>58</sup>This is the bread that came down  
from heaven, not like that which your ancestors ate, and they died. But the  
**one who eats this bread will live for ever.’**

This is the Gospel of the Lord.

All Praise to you, O Christ.